

# CREATIVE ARTS PROGRAMMING



The Deanery Project's Creative Arts Programming includes, but is not limited to, print making, shadow play and outdoor movement. We offer one-time sessions or multi-session programs based on what you need and want. These sessions can run for 1 hour to 3 or a full day or overnight. All listed programs are for all ages and are family inclusive. We are able to adapt to a group's needs by means of accessibility, structure, activities and location. We can come to you or welcome you on site to The Deanery Project in Lower Ship Harbour. We have a large main hall, an industrial kitchen, bunk beds (sleep up to 18), a wood shop, bike shop, outdoor classrooms, ocean front access, and 4.5 kms of hiking trails. The Deanery Project lives, learns and teaches outdoor experiential skills and its Creative Arts Programming is no exception.

Our creative programming is first inspired by nature, aiming to get its participants active and carefully observing their natural environment through a creative lens. We recognize that it's not always possible to access these environments and so we do our best to bring to you nature-bred activities and resources books.

Creative play spans across all spoken and signed languages, and though we may not be fluent in everyone's language, we encourage all speakers and signers to not hesitate to get in touch. Almost all programming can be facilitated through visual demonstration and hands on experience. Together we create, share and learn.

# CREATIVE ARTS PROGRAM LISTING

## PROGRAMS:

### SHADOW

SHADOW PUPPETS - 1 SESSION

SHADOW PUPPETS - MULTI SESSION

SHADOW PUPPETS - MULTI SESSION WITH  
OUTDOOR ASPECT

SHADOW LANDSCAPES - MULTI SESSION

### PRINT MAKING

PRINT MAKING - 1 SESSION

PRINT MAKING - MULTI SESSION WITH OPTIONAL  
OUTDOOR ASPECT

PRINTED LANTERNS - MULTI SESSION

### MOVEMENT

TRAILS AND PATTERNS - OUTDOOR DAY  
PROGRAM

TRAILS AND PATTERNS - OUTDOOR EVENING AND  
DAY PROGRAM

# CREATIVE ARTS PROGRAM SESSION OVERVIEW

## OUTDOOR ASPECT:

Many programs have an Optional Outdoor Aspect included. If a program is not listed to include one, we can make arrangements for this to happen! The Outdoor Aspect is ideal to take place on a trail system, however it is not limited to this. Urban settings can also meet these outdoor needs, particularly if the group cannot travel far from their site. If an Outdoor Aspect is included, we encourage all group members to be prepared with appropriate clothing to be outside or to connect with resources to access appropriate clothing if they do not have their own (reach out to us and we can connect you!). We strongly encourage groups to consider incorporating an Outdoor Aspect into their programming and to keep in mind that it can be quite simple and accessible to all bodies and ages.

## 1 SESSION:

1 time Session Programs can run from a minimum of 1 hour to a maximum of 3.

## MULTI SESSION:

Multi Session programs can run from 2 to 6 sessions or more, depending on the group's needs. If the group can only meet for 1 hour per session, more sessions may be needed. If the group can meet up to 3 hours per session, less sessions will be needed to finish their projects. Sessions can run consecutively day by day, week by week or month by month. It is recommended that multi sessions do not run irregularly or span across large amounts of time to keep momentum and enthusiasm for projects.

## DAY PROGRAM:

Day Programs can run from 5 hours or more with meal and break times included. If a program is not listed as a Day Program, that doesn't mean it can't turn into one! Multi-Session programs can easily turn into a Day Program or multiple Day Programs if this is what the group needs. Day Programming is recommended to occur onsite at The Deanery Project for access to materials, outdoor trails, washrooms and cooking facilities. However, if an alternate site is more relevant to the group's needs we can figure out a way to also make that work.

**ALL PROGRAMMING CAN  
BE ADAPTED TO MEET  
YOUR GROUP'S NEEDS**

## EVENING PROGRAM:

Evening Programs can be an extension of a Day Program or run only in the evening from 1 hour to 3 hours. It is recommended that Evening Programs are an overnight stay either onsite at The Deanery Project (able to sleep up to 18 people, plus tenting sites available) or on site of an alternate location with access to trail systems and sleeping accommodations suitable for the group's needs.

# SHADOW PUPPETS - 1 SESSION



Making shadow puppets can be as simple or complex as the participant desires. We offer the tools, materials and methods to meet each person where they are at.

In this session we will make shadow puppets with recycled cardboard and card stock attached either at the base with a thin stick or suspended by fishing line attached to a control stick.



The group will have the opportunity to explore the movement and interaction of their puppets on a shadow screen.

# SHADOW PUPPETS - MULTI SESSION

This multi-session program gives participants more time to work on their puppets and more time to play with them on a screen.

In these sessions, the group will start with simple puppet outlines, progressing into more detailed cutting work with exacto blades. If detailed cutting doesn't match well with some participants, the extended time allows individuals to create and play with *multiple simple* puppets.

These sessions can also include shadow mask making. Shadow masks are particularly fascinating in the ways they blend the human body and the puppet, often indistinguishable.



Having time to explore puppet movement and interaction on a screen is important. It is here where shadow puppets come alive and tell us who they are. This screen play time can be structured or free-flowing, depending on the group.

These sessions can be directed around themes or study the group has previously taken on or would like to specifically explore

# SHADOW PUPPETS - MULTI SESSION

## WITH OUTDOOR ASPECT



The duration of the program will run as outlined in the previous multi-session: participants will be introduced to making simple shadow puppets as well as detailed ones and integrate them into their found nature creations with time to explore their characters on a shadow screen.

This multi-session program starts outside with the group taking a hike together and collecting nature bits along the way. Following the hike, participants will examine their findings and begin to assemble them into shadow puppets using hot glue, string, wire, tape and fishing line.



# SHADOW LANDSCAPES - MULTI-SESSION

WITH OPTIONAL OUTDOOR ASPECT

The Shadow Landscapes program will guide the group as a whole in creating intricate cutouts to form large scale landscapes that can be animated by moving lights or simply lit from behind as a still image on display. These landscapes are optimal tools for story telling.

The first part of these sessions will involve drawing, brainstorming, visioning and research. Participants will learn about the environments they are creating. These environments are not limited to nature, but can also be self portraits or imaginative landscapes.

The following sessions will involve cutting out elements of the landscapes with an exacto knife, hole punch, pins and scissors.

Depending on the group, the final sessions can involve light play, exploring methods of story telling and site installation.



This program is ideal for groups with longterm goals and focus. It is recommended to end the sessions with a performance, celebration or event to highlight the group's hard work.

# PRINT MAKING - 1 SESSION



Print making is a simple and quick way to decorate paper materials with unique and polished results.

In this session, we will carve into recycled styrofoam with a pencil, roll printing ink on top of them and then print them onto various paper materials such as cards and envelopes.



This is a good session to combine with letter writing initiatives to groups, individuals or to the participants themselves as a self-reflective exercise.

There is also opportunity to develop the prints and print making as a collaborative process and project.



# PRINT MAKING - MULTI SESSION

WITH OPTIONAL OUTDOOR ASPECT

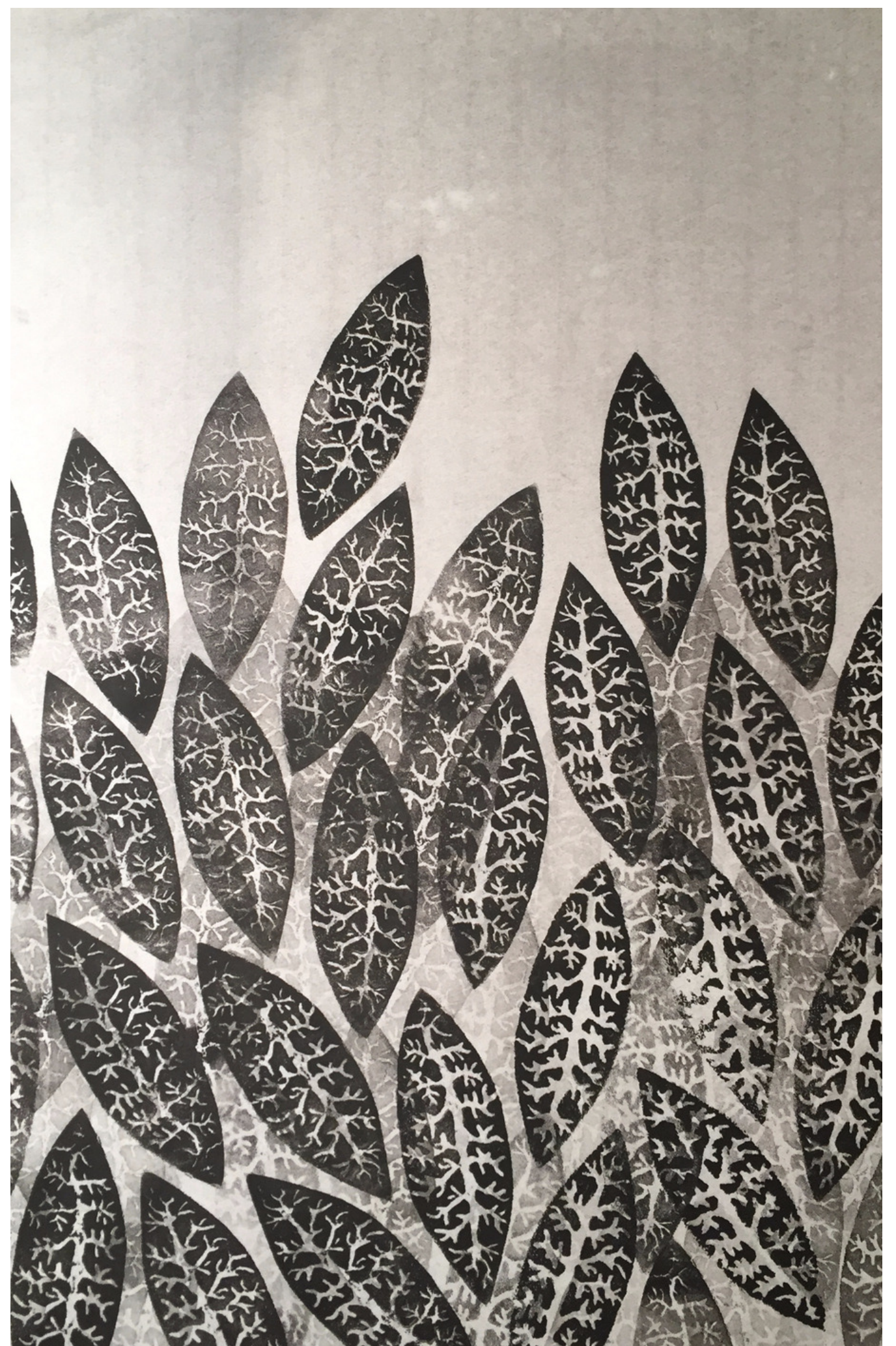


In the first session, the group will either go for a hike, go for a walk in their urban setting or examine the resource books provided. With guided prompts and restrictions, participants will draw the patterns they see.

In the following sessions, the group will transfer their drawings into styrofoam prints. Beginning with card making, they will then develop and explore a variety of patterning with their prints with different paper weights, textures and sizes.

Depending on the group, there can be opportunity to discuss, reflect and collaborate on each other's work.

This multi session print making program is designed to heighten observation and deepen exploration of patterning.



# PRINTED LANTERNS - MULTI SESSION

This Printed lantern multi-session program is an extension of the previous multi session print making program.

Following a thorough exploration of print making and patterning, the group will print on rice paper and then create lantern structures from recycled cardboard, adhering the printed rice paper to the lantern windows.

These sessions allow participants to walk away with their own lantern, but also have opportunity to contribute to a larger glowing wall that will show case all group members' work.

This is a good multi-session to build toward a group event, festival or celebration, as the lanterns provide a warming presence made by the group members themselves.



# TRAIL PATTERNS - DAY PROGRAM OUTDOOR



This outside day program gets the group observing nature's shapes, movements and textures through their own bodies.

The whole program will take place on a trail with stops to draw patterns, to play group games, to respond to movement-based prompts and activities and to eat snacks and meals. The day is active, engaging and fun!

This program is designed to include all bodies and all ages with no previous moving experience necessary.



# TRAIL PATTERNS - EVENING AND DAY PROGRAM OUTDOOR



This program is an extension of the day-time Trail Patterns program with the addition of observing nature's movements, shapes and textures through shadow making at night.

Upon finishing their daytime exploration, group members will be given a large, light weight, metal frame, a screen and a flash light. Together, the group will walk the trails under the night sky and mount the frames at different points on the trail. They will explore and play with the movement of nature's shadows on their screens by moving their flashlight at different angles, pace and distances.

Participants will have opportunity to explore their own shadows on the same screen, using the movements they discovered from their daytime program.

This program is encouraged, but not limited, to be an overnight stay at The Deanery Project.

# CREATIVE ARTS COORDINATOR

## JEIGHK KOYOTE



### ABOUT

Jeighk is an interdisciplinary artist active in shadow making, movement and audio. They are passionate about creating and sharing art skills with people from all backgrounds, ages and abilities. Jeighk believes in the power of experiential creativity as a means to educate, share and build community. They have developed their community-arts facilitation experience over the last 5 years through Wonderneath Art Society, Inkstorm Screen Printing Collective and The Deanery Project. Jeighk is particularly interested in bringing creative programming to LGBTQ2+ communities of all ages.

# CREATIVE ARTS PROGRAMMING

## GET IN TOUCH

**\*\*The Deanery Project is located on unsundered Mi'Kmaq Territory. We aim to do our best to work as an ally to Indigeneous People in the work we do as individuals and as an arts and environmental education centre. We welcome all input in this process of allyship and solidarity.\*\***



**THE DEANERY PROJECT  
751 West Ship Harbour Rd.  
Ship Harbour**

**1-902-845-1888**

**[thedeaneryproject.com](http://thedeaneryproject.com)**

**[creative.arts.deanery@gmail.com](mailto:creative.arts.deanery@gmail.com)**